Guide to Video Podcasting at Content is Queen

Thank you for choosing CIQ to Film your podcast. Here is a quick guide on how to use the recording equipment.

- Please book an extra 20 minutes before shooting for setup time.
- You are not permitted to touch the cameras at any time. If there are any problems or you want to make adjustments, please ask the on-site staff.
- You MUST bring in your own memory card (2 if you use both cameras). The memory card must be a UHS 2 or UHS 3 speed class. We recommend the Sandisk Extreme or Sandisk Extreme Pro.
- A lower-quality SD card may corrupt or diminish the footage or may not work at all.
- The cameras we have in the Somerset House studio are the Sony ZV-E10s. One has the kit lens for a shot of the whole studio, and another with a larger lens for close-ups.
- Everything will be recorded in 4K. That is XAVC S 4K at 25fps and 100mb (megabytes per second).

- We have already changed the camera's settings to best suit the studio. If you are wanting to change anything, please let us know first.
- Let us know in advance if you wish to use the camera for a remote recording, e.g. Riverside or Zoom.
- A staff member will help set up the camera shot and lights so you look camera ready. We will press the record for you but won't stay in the studio during recordings.
- We can set up the lights to match your branding or style. If you have colour preferences, please add these to your notes at booking.
- Do not forget to press record on the sound desk too!
- Once you have finished recording, you can press the red button to stop the sound desk but leave the camera, let us know you have finished, and we will stop the recordings and give you back your memory cards.
- The audio files will be sent via WeTransfer as usual.
- If you have any questions, do not hesitate to ask us @ studio@contentisqueen.org